



Congratulations! You are in the right place to be among the successful 50 percent of New Years' resolution-makers who actually achieve their goals! How? By defining those resolutions and planning your way to achieve them with FREE tools, programs, and resources from the Library!

Set Yourself up for Success



Personal growth experts (found in lots of sources here at the Library) generally suggest setting achievable, specific goals. For example, instead of, "I want to get in shape in 2023," try, "I want to run a mile comfortably by the end of February." Learn more about how to set smart goals and get support to achieve them in thousands of FREE online classes on LinkedIn Learning. Also - easily search our online catalog for goal setting. Find what you need to borrow either online or in person. This first step will make 2023 start right!

[LinkedIn Learning](#)

[Explore Catalog](#)

Improve your Physical Health



Whatever your specific goal, you are on your way to transforming your body with tools from the Library. Stream a MasterClass FREE on anything from Yoga to healthy eating techniques through our Hoopla app. Internationally renowned instructors come straight into your living room streaming on any device. You're never too old to begin healthy habits. Get moving with our Golden Gear kits, complete with a book, resistance band, and exercises to improve your strength and flexibility.

[Hoopla](#)

[Golden Gear](#)

Expand your Horizons!



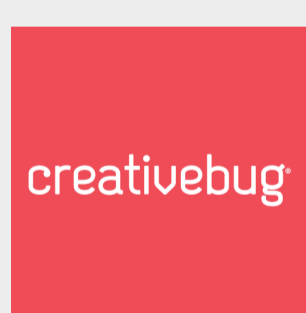
Break out of the rut you've been in with the same books and shows. Check out My Next Read and get personalized suggestions from one of our own librarians - or join a book club and enjoy post-reading discussions with fellow readers. Mindless shows dulling your brain? Try Kanopy to expand your horizons and stream indie films and documentaries FREE. While you're there, explore Egyptian pyramids, the Great Lakes, and the beginning of civilization (to name a few!) with the Great Courses!

[Find Books](#)

[Go Clubbing!](#)

[Kanopy](#)

Create a Happy Year



Find your creative Zen to fill your soul. Our knitting clubs welcome folks of all skill levels, sharing the simple joy of creating together. If you have always wanted to paint, draw, or sew, check out Creative bug to learn how to get started on all kinds of hobbies. If you envision using a tool but aren't sure it's worth it to buy, our Maker Studio at Main Library is for you. Filled with technology like Cricuts, embroidery machines, and 3-D printers, you are only limited by your imagination.

[Knitting Clubs](#)

[CreativeBug](#)

[Maker Studio](#)

More Fun for Everyone



There are so many events and programs happening all the time at the Library. Plan for lots of fun in 2023 finding all kinds of stuff to enjoy with the kids, your significant other, and friends. What a way to start the New Year off right! Everything you need is here at the Library. Happy 2023 everyone!

[All Events](#)

Need a library card? Stop by any branch or sign up for a [virtual card!](#)

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